



**CAMPFIRE COUNCIL CALL**  
**October 16th, 2020**

**“The Alchemist; Resiliency”**

**Themes for the month of October:**

- Continuing to work round the compass and use it as a means to find out where we are in life
- How do we continue to make an impact and share wisdom and light
- What is our role, our purpose and how to do we give that out to the community
- Creating into the world

**Action Steps from this Call**

- 1) make a 3 month covenant for the alchemist

**Content and Time Signatures**

2:52 welcome and well wishes

4:00 word for right now

6:35 grounding meditation

12:00 word for after meditation

13:05 upcoming events for the group till December when group will finish

14:04 living the compass and each other, everything happens to all

14:30-18:30 CHP Deep check in and where you are on the compass, what have you been creating in the world, how the news affects us

18:33 Group talk

Stephanie

24:17 Ben

25:23 Lori

38:06 Stephanie

38:50 Lori

40:15 Ben

54:23 Stephanie

56:15 Tina

1:03:20 CHP

1:10:00 How do we protect wisdom, how do we make an impact. How to navigate where we are. How do we understand this

1:12:34 Lori

1:13:40 Stephanie

1:14:00 where are we on the compass for Kathy and where we are in life + discussion

1:14:40 Kathy

1:20:20 Stephanie

1:20:45 Kathy

1:22:26 Stephanie

1:23:55 CHP feeling excess energy, scream, dance, everyone put their feet on the earth, drink a big glass of water! Move ---> the energy. After the break what does it mean to be an alchemist.

1:25:40 word after the break

1:25:53 Stephanie

1:25:55 Ben

1:26:06 Kathy

1:26:45 Tina

1:26:54 Getting back to neutral, living a conscious life. 1:28:38 Neutrality Meditation. Planet Earth & Duality. 1:30:23 Historical cycles and the concept of time / history of family. 1:37:00 Tending to ourselves and the garden of our soul

1:38:55 Lord of the Rings video

1:43:00 Discussion on the 'darkness'

1:45:40 What is our role? In connection with The Alchemist. 1:50:10 working together as a community, what is our purpose within it, creating into the world; brings joy and unique

Thoughts:

2:04:40 Stephanie

2:06:27 Lori

2:10:40 Kathy

2:16:20 Break Outs

2:20:39 Schitts Creek circuit breakers

2:21:48 Stephanie

2:22:34 Kathy

2:24:00 Lori

2:25:23 Tina

2:26:33 Ben

2:27:39 CHP to share video to guide to make a 3 month covenant for the alchemist

make covenants and to share them

group events for the future

Final Thoughts

2:28:47 Ben

2:29:10 Tina

2:29:30 Lori

2:29:53 Kathy

2:30:17 Stephanie

2:30:30 CHP